



Chandler Avenue,
Cowan NSW 2081
9456 1065

cowan-p.school@det.nsw.edu.au
www.cowan-p.schools.det.nsw.edu.au



Dear Parents and Carers,

RUSH HOUR / TWILIGHT MARKETS

I am happy to report we raised around \$5000. Thank you to the whole community in supporting Cowan Public School. A big thank you to everyone involved, especially to Mrs Scanes. Many hours were spent co-ordinating the event and it was a marvellous evening.

KINDERGARTEN ORIENTATION (Kinders 2020)

Our Kindergarten transition program for 2020 Kindergarten students will be held on **13th, 20th and 27th November, 2019** at 9am. On the 27th we would like the parents to stay and listen to a few guest speakers from the local community. On the 13th and 20th you can leave your child with us and come back at the duration of the session. The program is designed to help the children feel relaxed and comfortable about starting at school by introducing them to the teachers and to their new friends in an enjoyable and informal manner.

All Kinders will start in 2020 on the Wednesday 29th January. A time will be sent to parents in the next few weeks.

THANK YOU MORNING TEA Wednesday 27th November

A thank you morning tea will be held on Wednesday 27th November at 11am. This will allow the parents of the Kinders 2020 to be able to meet and mingle with our current parents. A great chance to set up networks for the new year. It also allows the staff to say thank you to the parents and grandparents for all the work they contributed to Cowan PS students during the year. This is an area our community does so well and I am appreciative to everyone who helps in and out of the classroom.

REMEMBRANCE DAY

Monday 11th November

Next Monday, the school will be holding its annual **Remembrance Day service**. We will hold the service at **11.00am**. Cowan family and community members are most welcome to come along and be part of the service.

SCHOOL LEADERSHIP 2020

Next week I will be talking to Year 5 about leadership opportunities for 2020. This is not compulsory for all students and I encourage all parents to make sure they talk to their child on the responsibility it will entail. In 2020 we will have a captain and a vice captain only. This can consist of two boys or two girls or one of each sex.

BEFORE AND AFTER SCHOOL CARE COSH

I would like to welcome our new before and after school care. Brittney comes with a wealth of experience and energy to care for the children of Cowan. Kim, the director, will be popping in now and then to make sure all things are running smoothly. Please watch out in the SkoolBag app for the starting date of our first club starting soon – Cooking.

To enrol, please visit
<https://communityosh.fullybookedccms.com.au/family/login>

ASQUITH GIRLS and BOYS HIGH (Year 5)

Asquith Girls and Boys High School Year 5 High School Experience Day is on Thursday 21st November 2019 from 8.30am to 2.30pm.

This day will enable Year 5 to participate in a number of inspiring and innovative activities, and experience the range of diverse and positive opportunities offered at these high schools.

Dates to Remember

Peer Reading— Tuesdays & Thursdays	
Cowan Band— Wednesdays at 7.30am	
Music Tutor Program— Individual Days	
Cowan Dance Group— Fridays 8am	
PSSA Sport— Fridays 9-11am	

Please refer to website for all calendar

SportsPro Fundamental Skills	Nov	11th
Remembrance Day Service—	11.30am	11th
NBHS Circus Show		12th
Kindy Orientation Session #1		13th
Tallow Fundraiser		13th
Sticks & Stones Anti-bullying		14th
SportsPro Fundamental Skills		18th

AWARDS

Congratulations to the following students who received awards recently:

Silver: Kira Annie Mitchell
Sasu
Gold: Sophie Ajay
Platinum: Claire

BAND PERFORMANCE

The Band played at Hornsby RSL on Wednesday night as part of the combined school bands 'Berowra Music Fest' with our neighbouring schools. They were fantastic! I was tapping my toes throughout the performance. It was a great venue allowing more room and professionalism to a wide range of talent.

A special mention goes out to Tim who played solo to the song 'Yesterday' by the Beatles. Well done Tim!

DYSLEXIA AWARENESS WEEK

Cake Day 20th November

Dyslexia Awareness Week (DAW) is always a good opportunity to raise awareness and understanding of dyslexia and help to bring about positive change. This year will be no different and in fact at the next Cowan PS cake stall all cakes will have red icing (the colour associated with fundraising for Dyslexia) and all money made on this day will go towards Dyslexia Research. This will be held on the 20th November, 2019.

NORMANHURST BOYS HIGH SCHOOL CIRCUS

The boys from Normanhurst Boys High School will be entertaining us on 12th November, they also take the opportunity to read books to us that they have made during the year. Cowan PS always looks forward to this day. The excitement is building.

SELECTIVE HIGH SCHOOL APPLICATIONS

Applications for Selective High School entry to Year 7 2021 will open on this site on 8th October 2019 and close at 10pm on 11th November 2019. The test will be held on 12 March 2020.

<https://schoolsequella.det.nsw.edu.au/file/cafa8804-3a28-4730-9fc0-0ee49dd90f83/1/SHS-application-information.pdf>

TALLOW FUNDRAISER

Tallow is a boy that attends Mount Colah PS. We have decided that we are going to try and raise some money for him to help with further medical costs. His favourite colour is green. So on Wednesday 13th November, there will be Green Spider drinks on sale (\$1.00 each) at lunch and all money will go towards helping Tallow.

He arrived into this world 10 weeks earlier than expected. A few incidents led to a lack of oxygen to his little brain at birth. This has caused some damage to the brain and has resulted with his physical challenges called 'Cerebral Palsy Spastic Diaplegia'.

On top of this Tallow also presented with high lactates in his blood not long after birth, which indicated he had some type of metabolic condition known as mitochondrial disease, or 'mito'. In layman's terms this means in some part of the body the energy is not being passed through efficiently in the mitochondria. Because there is mitochondria cells in every part of the body mitochondrial diseases can vary in severity enormously from each individual and can affect any part of the body. It is also a progressive disease meaning it gets worse and worse and in many severe cases it is fatal.

Despite his challenges, Tallow is one of the most happy, social and fun-loving people you will meet. He has a large zest for life and his cheerfulness is infectious.

STICKS and STONES

This performance will now be on Thursday 14th November. Sticks and Stones are a theatre company coming to Cowan PS to present an interactive drama about Bullying. This will be a powerful message, about all types of different bullying. Follow up lessons will happen in the classroom.

P&C SPOT

Hi all!

What a fantastic turnout for the **Rush hour!** The P&C BBQ raised a whopping \$1400 on the night and I would personally like to thank everyone who helped on the stall. A big thanks to those that helped on the BBQ/Nachos stall and those that worked tirelessly to make it happen. A big shout out to Kris Dickerson and Greg Adnum who did a run to Coles to get us extra drinks. Huge help! As always the community came through to make it a memorable and successful event. Our children will reap the rewards during the Writers' Festival and we would like to thank Mrs Scanes and her team for their amazing efforts which will benefit our children. We appreciate it very much!

The P&C, along with Year 6 will be holding a **disco** for the children of CPS on the **22nd of November**. More details to follow early next week but please save the date. Tickets will be **\$10 each** and will **include dinner** on the night. A flyer will be sent out early next week so please keep your eyes out in your children's bags.

The **next P&C meeting** will be **Wednesday the 20th of November** at **7pm**. Please place this in your diaries. We will be discussing uniforms as our top priority so if you have any views on this please come and have your say.

Finally, we will be organising an all in **Mum's luncheon** to The Garden Tap at Turrumurra on **Friday the 29th of November**. If we have enough interest we will organise the PSSA bus to take us to the venue and pick us up so that those that want to can enjoy an end of year Champagne. The bus takes 14 and cost would be approximately \$10 per head. We will be dropped back to school by school drop off time. 2020 Mum's will also be invited to join us. A note will also go out for this early next week so if you could please RSVP fairly quickly that would be great.

That's it from the P&C. Happy Friday everyone,
The P&C Executive

I will be attending a Principal's Induction Conference for three days next week, I hope all runs smoothly in Week 5.

Kind Regards
Tracey Darby
Principal

PSSA Report...

Round 6 of PSSA League Tag was a scorcher, on and around the ground. Cowan Junior Team scored a whopping 9 tries to be outdone by Asquith's 12. It was exciting to see **Eve**, one of our youngest team players, scoring an exciting try and receiving **player of the match**. The senior team's score was 3 to 10, in Asquith's favour, with **James** being **player of the match**. Will and Tim worked together as a strong unit to pull off an incredible piece of play and try, down the wing.

This week the Cowan teams went up against two schools. The Junior Team worked really hard together, **lead by Benji** and especially with reduced numbers. They came away with an exciting 9 to 2 win over Mt Kuring-gai and **Josh** was **player of the match** and **Sam** our **highest try scorer**. The Seniors, **captained by April**, scored 6 exciting tries to Hornsby Height's 9. **Cedar** was **player of the match**.

Thanks again to our parent/grandparent drivers for coming down and cheering our students on.

Rush Hour/Christmas Twilight Market...

There will be a full report on this in our next newsletter.

Remembrance Day Service...

- Monday 11th November
- 11.00am
- All Cowan family and community members welcome.

Student Parliament...

Student Parliament sat yesterday with the following motions and outcomes:

- More Beebots in the school. Coding equipment for K-2—Not passed
- Hold more playground tournaments eg. handball—Seconded and Passed to the Minister for Sport
- Purchase birdfeeders—Not passed
- Have the toilets renovated—Seconded and Passed to the Minister for Health & Safety
- Have water guns for playtime in the hot weather—Seconded and Passed to the Minister for Health & Safety
- Have our oval marked; rugby poles with soccer poles—Seconded and Passed to the Minister for Sport
- Have a different colour shirt for the school uniform with logo on it—Seconded and Passed to the Minister for Trade.

The relevant ministers will now take these matters to the Principal for discussion.

Kindergarten Orientation Days...

- **Wednesday 13th, 20th and 27th November**
- Sessions are from 9.00-11.00am
- Parent information session on Wednesday 27th November is from 9.00-10.30am
- Invitations have been forwarded to all our known 2020 starters. If you know of any child/children who have recently moved/are moving to Cowan, please inform them of these Orientation dates.

Tallow Fundraiser...

- Wednesday 13th November
- Green Spider drinks for sale—\$1.00 each.

Term Fees

It would be appreciated if our Term 4 fees could be paid as soon as possible, including any from previous terms. If you are having difficulty in paying any of these fees, please contact Mrs Darby in confidence. Thank you.

Cake Days...

Our Cake Days in Term 4 are as follows:

- **Wednesday 20th November** with the Brown and Hodder families providing—Cakes with red icing on this day for Dyslexia Awareness Week
- **Wednesday 4th December** with the Anderson and Birkneh families providing
- Thank you to all these families in advance.
- If your child forgets their cake money on cake day, we do allow IOUs, however, these must be paid by the following cake day. If not paid, that student will not be able to purchase a cake.

Red Day Lunch Ordering...

- Friday 6th December
- Please order at Cowan General Store if your child would like a Red Day lunch on those days.

What's Coming In Term 4...

- Fridays 9-11am—PSSA League Tag
- Tues 19th Nov—League Tag Gala Day
- Wed 20th Nov—Kindy Orientation Day
—Cake Day
—Dyslexia Awareness Day
—P&C Meeting at 7pm
- Thurs 21st Nov—Yr5 High School Experience Day
- Fri 22nd Nov—Cowan Disco
- Tues 26th Nov—Yr6 Mini Fete
- Wed 27th Nov—Kindy Orientation Day
—Parent Session
—Thank You Morning Tea
- Fri 29th Nov—P&C Mum's Luncheon
- Mon 2nd Dec—Scripture Service
- Tues 3rd Dec—High School Orientation Day
- Wed 4th Dec—Cake Day
- Fri 6th Dec—Red Day Lunch Ordering
- Tues 10th Dec—Yr6 Farewell
- Mon 16th Dec—Rehearsal & Presentation Night
- Tues 17th Dec—Platinum Awardee Outing
—Reports sent home
- Wednesday 18th December—Last Day of Term 4 and the 2019 School Year for our students
- All dates are on our School website calendar:
<https://cowan-p.schools.nsw.gov.au/news/2019/4/term-calendar.html>.



info@eventsminibuscharter.com.au



CIY.CLUB

CODE IT YOURSELF

School Holiday Coding Camps for kids aged 7-17



WHAT:

Keep the kids busy with our fun and interactive school holiday coding camps in:

- Website Design
- Game Coding
- 3D Printing & Design
- Electronics
- Minecraft Team Play

WHEN:

January 2020 School Holidays, 9am – 5pm

WHERE:

PCYC Hornsby/Ku-ring-gai
1 Park Ln, Waitara NSW 2077

BOOK NOW:

www.bit.ly/HornsbyCIY

For more information contact Amelia Shorter via
M. 0402 909 569 or E. amelia@scope1Teducation.edu.au



CREATIVE KIDS NSW
Redeem your \$100 voucher with us!
www.CIY.Club/creativekids



THE Daily Telegraph



BRADFIELD ORATION

Call for ideas for Sydney's building of the future

Big ideas have made Sydney and NSW the great places they are today.

Things like the John Bradfield's Sydney Harbour Bridge and Jørn Utzon's Opera House would never have been built without big dreams and even bigger imaginations.

Now the Daily Telegraph is challenging NSW primary school students to submit a design or drawing of a new building that would invigorate Sydney and continue to make it the best city in the country.

The bolder the better.

It could be used for anything from a museum to a concert hall, the office block of the future or a new stadium—or anything you think Sydney needs.

Entries should be either a photo of a drawing or 3D model of the proposed design, and should specify where the building would be located, what it would be used for and what school you are from.

The winning entry will receive a free trip to Luna Park for their entire class.

Please enter photos of students' ideas to news@dailytelegraph.com.au by Thursday November 14.

The Daily Telegraph.



Asquith Girls High School

YEAR 5 HIGH SCHOOL EXPERIENCE DAY



Thursday
21 November
8.30am
to
2.30pm

- Participate in inspiring and innovative activities
- Experience the diverse and positive opportunities offered at Asquith Girls High School

BOOK DIRECT

<https://forms.gle/XNYh6pUr7aKt9ft78>

Or see our website for further details and a link direct to our booking page
www.asquithgir-h.schools@nsw.gov.au

Registrations close at 9.00am on Wednesday 13 November 2019

60th Anniversary
UNLIMITED RIDE WRISTBANDS
on sale now
\$25.00 pre purchase
Ride tickets will be \$30.00 on the day or \$5.00 per ride
THE UNLIMITED RIDE WRISTBAND ALLOWS RIDERS TO GO ON AS MANY RIDES AS THEY WOULD LIKE FOR 4 HOURS 11.00am - 3.00pm
OPEN DAY SUN 17 NOV
Hurry, if you purchase your ticket before Friday 1 November your name goes into the draw to win a \$25 carter voucher.
Online ticket sales close 9.00pm Thursday 14 November.
Book Now:
<https://tinyurl.com/y3ndfzdg>



MOONEY MOONEY LIBRARY

(in the grounds of the old
Mooney Mooney School, Point Road)

The library will start again this Tuesday afternoon at 2:00 PM - closing at 5:00 PM. Next Saturday the library will also return to the usual hours of 9:00 to 12 noon.

We are part of Central Coast Council's library system and all our books are owned by them. If you order a book from the Council's Web site you can pick it up from and return it to your local library at Mooney.

STORY TIME

Resumes this Monday
10:00am - noon
(during school term)

Story Time is a perfect opportunity to introduce your child to the joys of reading ... whilst meeting other families from the local area.