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Congratulations Cowan Students An Enthusiastic Start To Our School Year

Dear Parents and Carers,

LEADERSHIP CAMP

Last week our 2020 School Captains, Sarah and Archie (vice) went on a Leadership Camp at Vision Valley. They came back with some great suggestions to help with Cowan students to feel safe in their environment. I am looking forward to some exciting presentations in assemblies.

SCHOOL TOURS

School Tours are commencing next month on the **11th March (2pm)** and **13th March (10am)**, please spread the word. A pamphlet drop will be commencing next week. If you are able to assist by doing your street please see Marie or myself in the office. Pamphlets have been delivered to the Preschools close by.

SCOPE IT

Scope IT started this week. The students loved working and creating within digital technology. These lessons run every second Tuesday during Term 1 and all payments for these lessons will be in your term fees. This year you will be able to use your Creative Kids Rebate; paperwork will be included with your term fees.

TERM COSTINGS

Notes for Term 1 Costs will be going home shortly. If you do not receive this, please see the ladies in the office next week.

SUN SAFETY

Thank you to our students who regularly wear their school hat. Sun protection is important, even on cloudy days and during winter. Unfortunately, for those students who forget their hat, need to play under the COLA. We are seeing too many of our spare hats being borrowed and not returned. Please can we encourage the students to wear the wide brim hats as these protect their ears and back of the neck.

P&C AGM

The P&C held its Annual General Meeting on Wednesday night in the Computer Lab. The executive positions were voted on. Congratulations to Tim Belcher becoming our P&C President, Anne Maksoud as Vice President, Dave Balnave as Treasurer, and Mel Roache as Secretary. The Uniform Coordinator will be Dawn Turner and Emma Edwards. I really do appreciate the support of the P&C and I am looking forward to working together making this place even more spectacular.

BUSH DANCE

The annual Cowan Bush Dance is being held on **Friday 27th March**, with April 3rd as our backup date. Mrs Kershaw has been counting down the days and is preparing the students during fitness time. More info about the Bush Dance in our next newsletter.

NB: *Our newsletter is no longer divided into columns. As our newsletters appear on our School website, this is in order to conform with standards for screen readers used by the vision impaired.*

Dates to Remember

Please refer to website for all calendar dates

Dates to Remember		Please refer to website for all calendar dates	
Peer Reading— <i>Tuesdays & Thursdays</i>		Term 1	
Cowan Band— <i>Wednesdays at 7.30am</i>		AGHS/ABHS Visit—Yrs5&6 Feb	25th
Music Tutor Program— <i>Individual Days</i>		Scope IT Mar	3rd
Cowan Dance Group— <i>Fridays 8am</i>		Zone Swimming Carnival	10th
PSSA Sport— <i>Fridays 9-11am</i>		Cake Day	11th
		School Tour—2pm	11th
		School Tour—10am	13th

ZONE SWIMMING

The Hornsby Zone PSSA Swimming Carnival will be held on **Tuesday 10th March** at the Sydney Olympic Park Aquatic Centre. At the moment we are waiting on qualifying times. Students who are successful in making it to the next round will receive permission notes soon.

SCHOOL APP - SkoolBag

Just a reminder that all parents should download SkoolBag as we will use this to inform parents of last minute changes, emergencies or any other useful information needed.

Yrs3-6 SURVEY

Please complete this survey, if you have not already, about 3-6 Camp: <https://www.surveymonkey.com/r/FMGDWD5>

MACQLIT

I have just been trained in MacqLit and have started implementing this in Cowan PS in the last week. MacqLit is a reading program for children in Year 2 and above who need some help with their reading. It usually takes place in groups of up to four to six students and takes up to an hour a day. It has been developed by MultiLit, a research-based initiative of Macquarie University. MultiLit has been producing reading programs for over 20 years. I can't wait to see the results in Cowan.

DEBATING

In the next few weeks we will be starting up Debating Club. More information to come on this but I have found other schools who are very interested in participating in a round robin.

So many positive opportunities happening this term. Cowan is humming and working towards Aspiring to reach higher levels, showing Respect to all and taking Responsibility in areas of our learning. Well done Cowan students, we have started the year well.

Kind Regards

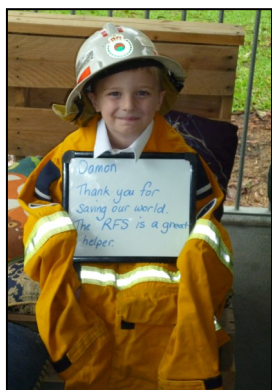
Tracey Darby

Principal

K-2 Say Thank You...

Class K/1/2 have been sharing our experiences of this summer. We have created artworks titled 'After the fire and the rain comes new life'. We have made fire fighters and were able to try on a real fireman's uniform. Thank you Mr and Mrs Hodder for your support with the uniform and a **big** THANK YOU to the RFS and other services who helped us all over summer.

Cate Ruzek



Cowan Swimming Carnival...

Congratulations to all our swimmers at our Carnival. What a fantastic effort by everyone, in addition to exemplary behaviour. Our final results at the Carnival were as follows:

8yrs Boys 50m Freestyle:	Ajay, Josh	9yrs Girls 50m Freestyle:	Eve
9yrs Boys 50m Freestyle:	Harry	10yrs Girls 50m Freestyle:	Ellie
10yrs Boys 50m Freestyle:	Sam, Toby, Harvey	11yrs Girls 50m Freestyle:	Sarah, April, Tasman
11yrs Boys 50m Freestyle:	Colo, Makai, Cristiano, Benji		
12/13yrs Boys 50m Freestyle:	Nicholas, Archie		
8yrs 50m Breaststroke:	Claire, Ajay	9yrs 50m Breaststroke:	Eve, Harry
10yrs Boys 50m Breaststroke:	Sam, Toby		
11yrs Boys 50m Breaststroke:	Makai, Colo, Cristiano	11yrs Girls 50m Breaststroke:	Tasman, April
12/13yrs Boys 50m Breaststroke:	Nicholas, Archie	12/13yrs Girls 50m Breaststroke:	Molly
8yrs Boys 50m Backstroke:	Joshua		
10yrs Boys 50m Backstroke:	Sam, Toby		
11yrs Boys 50m Backstroke:	Colo, Cristiano, Makai	11yrs Girls 50m Backstroke:	Sarah, Tasman, April
12/13yrs Boys 50m Backstroke:	Nicholas, Archie		
11yrs Boys 50m Butterfly:	Colo, Makai		
Junior Open 100m Freestyle:	Harry, Joshua	Senior Open 100m Freestyle:	Colo, Nicholas, April, Makai
Winning House:	Chandler		

Dance Groups...

2020 Dance Group is now underway. Thank you to Jan Carroll for heading up this troupe of dancers, and thank you to all our willing and able dancers who are committing their time and energy this year with much enthusiasm.

Term Calendar...

A Term 1 calendar now appears on the front page of our School website, as a PDF. A calendar will feature each term and updated as necessary. Go to the home page of our School website under Latest News where you'll find the link to the calendar PDF (<https://cowan-p.schools.nsw.gov.au/news/2019/2/term-calendar.html>). We are also looking at posting our term calendar on SkoolBag soon.

Library News...

Thank you to all parents and carers who are encouraging their children to borrow from our extensive Library collection each Wednesday and returning their books on Wednesday morning before school. This is an enormous help to me in maintaining a smooth running of the Cowan Library. By returning library books before school on Wednesdays, your child's Library lesson can be full of enriching literature experiences and research based learning.

Lynne Scanes

Award System...

Students receive mini-merits from their class teacher or another member of staff, and are handed out at our lunchtime assemblies. Any mini-merit award will be pasted in their Award Book each day. Award Books are kept at school. Major awards will be issued and presented at Friday assemblies. Major award recipients' names will appear in a newsletter after presentation of that major award.

This is how the Award System progresses:

5 mini-merits = Bronze

10 more = Silver (ie. 15 m-m)

10 more = Gold (ie. 25 m-m)

15 more = Platinum. (ie. 40 m-m)

Students need to accumulate at least 7 each of Respect, Aspire and Responsibility mini-merits to receive a Platinum Awardee excursion. Those Platinum Awardees attend a special excursion with the Principal at the end of the year.

Consent Notes...

Thank you to our families who have returned the General Permission Note and Emergency Contact Details note. If you have not done so, please make sure you complete these notes and return to school on Monday. If you have misplaced these notes, they are available on our School website on our Notes page. We cannot publish any 2020 photos yet on our School website as we are missing some consent notes, so please complete and return on Monday.

School Absences...

If your child is absent from school, an Absentee Note must be completed. If your child is absent from school due to sickness for three or more days, a doctor's certificate is required, by the Dept. Education, for legal reasons.

If your child will be absent on a holiday during school term time, an Application for Leave form should be completed and handed to our School office.

Both absentee notes can be found on the Notes page of our School website and SkoolBag.

School Photos...

A reminder that our School Photos date is **Thursday 2nd April**. Photo packages and all relevant information will be sent home with students closer to this date.

Student Parliament...

Student Parliament enables our students to learn about democratic processes. Our senior students undertake ministerial or leadership roles, whilst all other students are involved in the decision-making process. The Student Parliament at Cowan PS is based on the Westminster Parliamentary System, similar to that used in the Australian Parliament.

All ministerial roles have been finalised and are as follows:

Prime Ministers: Sarah
Secretary & Treasurer: Archie Shadow: Cristiano

Minister Roles

Primary Education & Technology & Further Ed:	Nicholas	Shadow:	Colo
Communication & Indigenous Affairs:	Molly	Shadow:	Eliza
Sport & Health & Safety:	Cedar	Shadow:	Benji
Environment & Trade:	Makai	Shadow:	Tasman
Functions & Social Services:	April	Shadow:	Kira

Scripture Classes...

This year we have Mrs Dyllis Russell teaching Scripture. If your child is attending scripture they are to remain in that class for the term. Our scripture teachers purchase equipment (at their own expense) based on the numbers in their class and it is disrespectful and not possible for our students to chop and change. Please ensure you have completed the Scripture, Ethics or Non-Scripture section of the General Permission note. Thank you.

Jewellery/Uniform...

We ask our students not to wear jewellery to school, except plain studs or sleepers for those with pierced ears.

During the school day our students are engaged in many activities where jewellery can either 'get in the way', pose a safety risk, or be irretrievably lost.

Also, a friendly reminder that our School uniform items should be worn at school. This includes school colours (green or black) in hair-ties, headbands etc. And, please, no nail polish. These are standard uniform policies across all schools.

Lost Property...

As we are encouraging our students to be responsible for their own property, we will no longer have a Lost Property crate. Please make sure your child's name is on all their uniform items. Any uniform items found, with a student's name attached, will be made available for collection by that student at assembly time. Any uniform items without names will be deposited in the second-hand uniform collection.

Tissues...

Thank you to our families who have already supplied tissues. If you have not already done so, please supply a box of tissues for your child's classroom. Also, if possible, a packet of antiseptic/baby wipes would be appreciated. This does not need to be an expensive brand, just the 'no frills' variety is fine. These can be left with your child's teacher or at the school office. Thank you for your cooperation.

Stewart House...

As you are no doubt aware we used to have two Stewart House used clothing bag collections per year. At this stage Stewart House will not be organising the used clothing bag collection as they no longer have a supplier to do their pickup. If this changes during the year, we will let you know.

Cake Days...

Our cake days for the remainder of Term 1 are:

- Wednesday **11th March** with the Dickerson and Martin families providing.
- Wednesday **1st April** with the Carter and Davis families providing.

Thank you to these families in advance.

If your child forgets their cake money on cake day, we do allow IOUs, however, these must be paid by the following cake day. If not paid, that student will not be able to purchase a cake.

Red Day Lunch Ordering...

Our next Red Day Lunch Order day is **Thursday 19th March** (Week 8). Please order from The Great North Cafe on or before the day. The Great North Café menu can be found on our School website on the Notes page.

Sushi Tuesday...

We will have a Sushi lunch ordering day before the end of term. More information to come soon.

Still to Come in Term 1...

- Scope IT visits—Tuesday 17th and 31st March, and Friday 3rd April
- World's Greatest Shave—Wednesday 18th March
- Harmony Day & National Day of Action: Against Bullying & Violence—Thursday 19th March
- Red Day Lunch Ordering—Thursday 19th March
- Action Sports Day Excursion K-6 by AGHS—Tuesday 24th March
- Area Swimming Carnival—Friday 27th March
- Bush Dance—Friday 27th March (wet weather date—Friday 3rd April)
- Cake Day—Wednesday 1st April
- School Photos—Thursday 2nd April
- Easter Celebrations—Wednesday 8th April
- Last Day of Term 1—Thursday 9th April.

Please also refer to the term calendar PDF on our School Website, on the front page under Latest News.

Enjoy your weekend

Live Life Well @ School

PARK & WALK or RIDE

Try parking a short distance from your school and let the kids either walk or ride a bike under your supervision the rest of the way.



Benefits include:

- Less traffic congestion around your school
- Extra exercise for you and your children
- Socialising with community members and other families
- Learning important road safety skills
- Children who live too far to walk or ride all of the way can still participate in active travel.

Hold the hands of children aged up to 10 when crossing roads!



Health
Northern Sydney
Local Health District

Tues 25 FEB

5.15pm

Light Refreshments

Meet & Greet

5.30pm

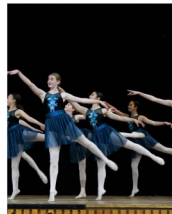
Information Session

and

Tours commence

Evening concludes

8.30pm



ASQUITH GIRLS HIGH SCHOOL



OPEN NIGHT

Opportunities to
meet with our
teachers see
exciting faculty
displays, join guided
tours and attend a
Q & A session

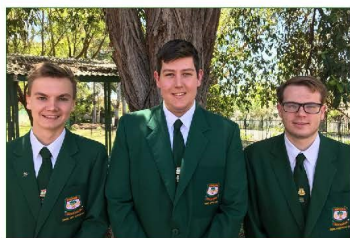
Exceptional Learning Opportunities for Boys



OPEN NIGHT

Tuesday 10 March 2020

The staff and students of ABHS invite families and their sons to attend the Annual Open Night to hear about innovative programs designed specifically for boys.



5.15pm - Hall displays open

5.40pm - Official start of the evening with Principal's address, followed by tours of the school

7.50pm - Concluding with the rocket launch

Peats Ferry Rd, Asquith

Phone: 9477 3508

www.asquithboy-h.schools.nsw.edu.au

Leadership, Citizenship, Science, Technology, Creative Arts and Sporting Excellence



ENRICHMENT CLASS YEAR 7 - 2021

Asquith Girls High School

APPLICATIONS CLOSE 20 MARCH 2020



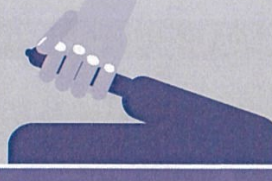

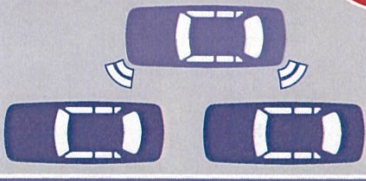









TEST DATE: 26 MARCH 2020
9.00AM - 11.30AM

APPLICATIONS AVAILABLE NOW FROM WWW.ASQUITHGIRL-H.SCHOOLS.NSW.EDU.AU

See your future - see yourself at Asquith Girls High School

Safety tips for school zones:

EXITING THE CAR 	 Make sure children use the footpath-side door when getting in and out of a car.	APPLY BRAKE 	 Make sure the park brake is applied when the vehicle is stationary.
PARKING 	 NEVER double park.	CROSSING 	 NEVER park across a pedestrian crossing.
NO U-TURNS 	 NEVER undertake a U-turn in close proximity to the school.	NO 3 POINT TURNS 	 NEVER undertake a three-point turn in close proximity to the school.

Safety tips for students:

BUCKLE UP   Stay buckled up until the vehicle has stopped.	STORE ITEMS   Make sure your school bag and other items are in a safe position.	BE READY  Be ready to get out of the car with your belongings when the car has stopped and you have unbuckled your seat belt.	EXIT SAFELY  Always get in and out of the back seat through the safety door - the rear footpath-side door.
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Demerit Points:

* The **Demerit Points** Scheme is a national program that allocates penalty points (demerits) for a range of driving offences. A driver who has not committed any offences has 'zero' points. If you commit an offence that carries demerit points, the points are added to your driving record.














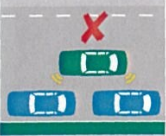





If you incur the threshold number of demerit points within a three-year period, a licence suspension or refusal is applied. The three-year period is calculated between the dates the offences were committed. It ends on the day your most recent offence was committed.

For further information regarding demerit points please visit: rms.nsw.gov.au/roads/safety-rules/demerits/

Parking and traffic rules in school zones

You need to take extra care when driving and parking in school zones. Make sure that you and your child understand the road rules. If you break the traffic rules in a school zone you are putting not only your child but other children at risk. The parking and traffic rules around our schools are there to protect your children. If you break the rules you will be fined. **Please choose safety over convenience.**

QUICK REFERENCE GUIDE TO IMPORTANT SAFETY TRAFFIC RULES

ZONE	WHAT DOES IT MEAN?	WHY IS IT THERE?	PENALTY	DEMERIT POINTS*
	You cannot stop in a NO STOPPING zone for any reason (including queuing or waiting for a space). 	Keeps clear sight lines between drivers and children / pedestrians.	EXCEEDS \$344 	(School Zone) 2 
	You can stop in a NO PARKING zone for a max. of two minutes to drop off and pick up passengers. If no spaces are available you cannot queue on the road way or in any other zones while waiting for a space. You will need to drive away and park elsewhere, only returning when there is space to pull up. You must stay within 3 metres of your vehicle at all times and cannot leave your vehicle unattended.	Provides a safe place for children / pedestrian set down and pick up.	EXCEEDS \$191 	(School Zone) 2 
	You must not stop or park in a BUS ZONE for any reason (including queuing or waiting for a space) unless you are driving a bus. If times are shown on the sign, you are not allowed to stop during those times.	Provides a safe place for large buses to set down and pick up school children.	EXCEEDS \$344 	(School Zone) 2 
	You must not stop on or within 20 metres before a PEDESTRIAN CROSSING or 10 metres after a crossing unless there is a control sign permitting parking.	So drivers can clearly see pedestrians on the crossing.	EXCEEDS \$457 	(School Zone) 2 
	DOUBLE PARKING You must not stop on the road adjacent to another vehicle at any time even to drop off or pick up passengers.	Double parking blocks visibility and forces other cars to go around you.	EXCEEDS \$344 	(School Zone) 2 
	You must not stop on any FOOTPATH or NATURE STRIP , or even a DRIVEWAY crossing a footpath or nature strip for any reason.	You could easily run over a child or force pedestrians onto the road to get around you.	EXCEEDS \$344 	(School Zone) 2 

Please note: The above information is current as of 1 July 2019.
Penalties set by NSW State Government and reviewed on 1 July each year.